

COVENANT CHRISTIAN CHURCH  
 (Disciples of Christ)  
 2700 72nd Street  
 Urbandale, IA 50322

NON-PROFIT ORGANIZATION  
 U.S. POSTAGE PAID  
 Des Moines, Iowa  
 Permit 1586

ADDRESS SERVICE  
 REQUESTED

**Visitors**  
 Nancy Heckert Allen  
 Stephanie Allen  
 Paty Herman  
 Gary Astor  
 Kelly Deters  
 Tony Phan  
 John Dodson

**Attendance**  
 Sunday, May 23      Worship 70  
 Sunday, May 30      Worship 52  
 Sunday, June 6      Worship 67  
 Sunday, June 13      Worship 49

**How to Reach Us**  
 Church Phone 515-276-3781  
 FAX 515-253-0174  
 pwriter@covenant-christian.org  
 blundy@covenant-christian.org  
 church@covenant-christian.org  
 www.covenant-christian.org

**www.uppermidwestec.org**  
 Christian Church in the Upper Midwest  
**www.disciples.org**

The next newsletter will be mailed on  
 Wednesday, July 21.  
 Articles to be submitted by  
 Monday, July 19.

**Financial Notes**  
 Total for 5/23/10 \$2,190.00  
 Total for 5/30/10 \$3,588.50  
 Total for 6/05/10 \$2,151.06  
 Total for 6/06/10 \$6,551.00  
 Total for 6/13/10 \$1,630.00

Please note: An outside worship service will be held on the grounds of Covenant Christian on Sunday, July 4th!

# the COMPASS

“Stand at the crossroads, and look, and ask for the ancient paths.” Jeremiah 6:16

“When you sing, you pray twice.”

St. Augustine

Volume 2 Issue 6  
 June 16, 2010

Even if you're not a "singer," you know it to be true what Augustine said: when you sing, you pray twice. That's why singing is such a huge part of church in general, and worship in particular. Singing is good for the soul and it's good for the community. So we will be doing lots of it this summer.

We've already begun the time of gathering for worship with a hymnsing, and will continue with this practice through the summer. Come share in the joy, fellowship and worship of singing some of your favorite hymns and maybe learning some new ones too.

In addition, through the month of July, we will explore some of the greatest hits of the Bible's own hymnbook—the Psalms. The Psalms are a collection of songs and prayers that run the gamut of human emotion and experience—from great joy to tragic humiliation; from intimacy with God to feeling lost and alone; from profound love to gruesome hatred. The Psalms sing and pray it all, encouraging us to do the same.

So, join us this summer, not only to sing the great songs of our hymnbook, but to rediscover some of the great hymns of our prayer book.

- |         |           |                  |
|---------|-----------|------------------|
| July 4  | Psalm 72  | A Patriotic Song |
| July 11 | Psalm 42  | A Love Song      |
| July 18 | Psalm 131 | A Soul Song      |

“Be filled with the Spirit as you sing psalms and hymns and spiritual songs.” Ephesians 5:19

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...journey up.

**Worship At Ramsey Home!**  
**July 11, 3:00 p.m.**

You are invited to join us in bringing worship to the residents and friends of Ramsey Home on July 11. This is a wonderful opportunity to reach out and share the joy of song, scripture and sacrament with a group that loves to have visitors.

...journey out.

**Please Pass the Veggies!**

Calling all gardeners! The Urbandale Food Pantry is asking for your help in providing our clients with fresh, nutritious produce this summer. As you harvest your garden this season, please consider donating your surplus fruits and veggies to the food pantry.

Donations will be accepted during our normal operating hours of 10:00 a.m. – 2:00 p.m. on Mondays, Wednesdays, and Thursdays.



**From your Outreach Team...**

*Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.*  
Galatians 6:9

In April we raised money for the DMARC food pantry, served a CFUM Dinner, and helped host IHN homeless families; in May we asked for coins for your favorite local outreach project, in June we helped with the garage/bake sale and served another CFUM dinner. Now, during a traditionally busy family time, July 4-11, we're asking for help to host homeless families for another week at Urbandale UCC.


We appreciate the stalwart folks who volunteer again and again. We also encourage new volunteers. Help cook or serve a meal for the homeless at UCC or spend an overnight with them. You'll always be partnered with veterans who "know the ropes" and will probably find the experience fun and enriching.

We've asked for a lot and we're asking for more but the needs in our community continue. Covenant folks have generous hearts and willing hands. Thank you for your continuing support of our outreach efforts. It's needed. It's appreciated.

**CFUM Dinner**

Fifty-five persons (43 adults & 12 children) were served dinner at Children & Family Urban Ministries on Friday, June 4. Thanks to all who shopped for groceries, prepared casseroles, transported food and served the meal that night! **Next CFUM Dinner Date: Friday, August 4.**

...journey in.

	<b>July</b>	
<b>BIRTHDAYS</b>		
Karen Hart	7/2	Marcus Hildebrand 7/8
Lucas Bloomquist	7/11	Donna Schnoor 7/12
George Hardcastle	7/15	Scott Lair 7/19
Grant Lair	7/19	Emily Bakker 7/20
Ben Witmer	7/21	Kathy Logsdon 7/23
Jay Logsdon	7/24	Jake Pauley 7/24
Colin Young	7/27	Mark Yeoman 7/28

**IN OUR PRAYERS**

Jayde Hildebrand  
Paul Ratashak  
Mary Rogers  
Eddy Lyst  
Conner Wharff

**Notes and News**

- Covenant Men's Group will not meet in July.
- Thanks to **Ron Stookey** for organizing a group of workers to repair the Gazebo. And likewise, many thanks to **Jeff Vroman** for paying the expenses for the repairs.
- Paul will be gone July 19-26 for family vacation, and July 27-29 for continuing education.
- Covenant **Book Club** will meet **Thurs., July 15, at 11:30 a.m.** at Palmer's in Urbandale. The book to discuss is Faith Club by Ranya Idliby.
- Congratulations to **Ron and Sue Stookey** on the birth of a new granddaughter, **Taylor Kadyn Walker**.

...journey out.

**Interfaith Hospitality Network**

Covenant will be helping Urbandale United Church of Christ host three homeless families for the Interfaith Hospitality Network July 4-11. Volunteers are needed to set-up UCC Sunday School rooms as temporary bedrooms, prepare meals, serve meals, drive the IHN van and stay overnight at UCC. Contact Donna Rusk, 277-7574 or [h.rusk@mchsi.com](mailto:h.rusk@mchsi.com), for more information and to volunteer.

**Covenant Garage/Bake Sale BIG Success: THANK YOU!**

\$2,211.06 was earned at Covenant's garage/bake sale held June 4 & 5! In addition to clothes and household goods donated by Covenant folks, 3 excess church tables and 80 church folding chairs were sold. A BIG THANK YOU goes to all who contributed goods or goodies, helped set-up the fellowship hall, sort, price, and arrange merchandise, worked during the sale, and/or helped clean-up afterwards. This was truly an all-church event!

Ten percent of the sale's proceeds will go to the Interfaith Hospitality Network. IHN was the winner of our friendly contest.

**URBANDALE JULY 4<sup>TH</sup> PARADE**



Pending acceptance of our entry form, Covenant Christian Church will participate in the 2010 Urbandale July 4<sup>th</sup> parade. (The parade will be at 10:00 a.m. Saturday, July 3.) The Evangelism Team is looking for members and friends to **Come Journey Together** and represent Covenant. If you are up to a 1&1/2 mile walk, please look for the sign-up sheet posted on the bulletin board outside Paul's office.

If you're not up to walking, you can support the effort in other ways.

We will use wagons to transport our little ones. If you would be willing to loan a wagon, please contact Hal Rusk.

The Evangelism Team will be collecting donations to purchase candy for distribution and bottled water for the walkers. Collection jars will be placed in the narthex.

A work night will be held Friday evening, July 2 to put the final touches on wagon decorations. More details will follow later.

"No one after lighting a lamp puts it under the bushel basket, but on a lamp stand, and it gives light to all the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven." Mk 5. 15-16

**Need transportation for worship or other church activities? Please call the church office at 276-3781.**