

COVENANT CHRISTIAN CHURCH
(Disciples of Christ)
2700 72nd Street
Urbandale, IA 50322

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
Des Moines, Iowa
Permit 1586

ADDRESS SERVICE
REQUESTED

Visitors
Mary Ann Clark
Howard & Janet Williams
John, Beth Walling & Family
George & Diane Lair
Shari Walling

Attendance
Sunday, July 28 Worship 44
Sunday, Aug. 4 Worship 34
Sunday, Aug. 11 Worship 45
Sunday, Aug. 18 Worship 37
Sunday, Aug. 25 Worship 48

Financial Notes
August 11, 2013
Total Deposit \$1,543.00
August 18, 2013
Total Deposit \$1,900.25

How to Reach Us
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blundy@covenant-christian.org
church@covenant-christian.org
www.covenant-christian.org

www.uppermidwestcc.org
Christian Church in the Upper Midwest
www.disciples.org

The next newsletter will be mailed on
Wednesday, September 18. Articles to be
submitted by Monday, September 15.

the COMPASS

“Two roads diverged in a wood, and I—
I took the one less traveled by.” R. Frost

Waiting to exhale . . .

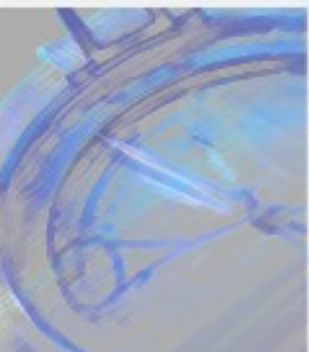
I don't know if there was a collective sigh, breath, or exhale recently. But I have to say, as I return to work here at Covenant (after a summer of sabbatical) it feels as if more than a few folks have been waiting to exhale. I think I myself have been waiting to exhale. I could use a few deep breaths . . . in . . . and out.

As Geoff Wall's recent letter to the congregation recently addresses, there are some anxiety-producing issues presenting themselves to us these days. But with breath, there is hope:

- The roof is well on the way to being fully repaired, paid in full with generous gifts from the congregation! **(Breathe . . .)**
- Inside work of paint and repair will then be completed. **(Breathe . . .)**
- Weekly giving is ahead for the year, about 5% higher than this time last year! **(Breathe . . .)**
- The board is working on creating better lines of communication with the congregation, sharing both board reports and financial reports each month. **(Breathe . . .)**
- Some of us have already begun to plan for the program year, including education and fellowship activities for all ages, worship and spiritual growth opportunities through Advent and Christmas. **(Breathe . . .)**

This is a good time to remember that the word for “breath” in the Bible is the same word for Spirit and wind. It truly is an opportunity to inspire and take in the presence of God that brings peace and serenity to the anxious soul. One may think of breath as a way to take a sabbatical every moment. Pause, and let God in. Then see what possibilities present themselves. I think we'll find that the possibilities are limitless!

. . . and remembering to inhale.



Volume 5 Issue 8
August 28, 2013

covenant
christian
church
sunday
worship
10:00 a.m.



2700 72nd
street
urbandale, iowa
50322

church phone
276-3781
www.covenant-
christian.org

We are spiritual seekers working to grow in our love of God,
 deepening our connection to each other and
 sharing with the world our passion for justice and peace.

journey in . . . deepening our connection to each other

SPLASH KICKOFF

Wednesday, September 11

6:00 p.m.
 Fall Fun!

On Wednesday, **September 11**, 2013 we will hold a SPLASH kick-off event for children and their families at Covenant. We will share a meal together and discuss our upcoming Fall events—including outreach projects, a Pet Blessing, Halloween Party, and Gratitude celebration. We would really appreciate the input of parents and kids alike as we plan for the Fall semester. We look forward to seeing you there!

Sunday School

Adult Sunday School (continuous)

The adult Sunday School class continues to meet each Sunday morning at 8:45 a.m. for fellowship and conversation around faith and current events.

Young Adult Sunday School (future)

There has been some interest expressed in forming a new Sunday School class for younger adults. Stay tuned for more interest, or speak with Tammy about your interest in such an offering.

Children's Sunday School (begins September 8)

Sunday school for children, ages pre-school through 6th grade begins on Sunday, **September 8**. Children will be in worship through the children's sermon when they will be dismissed for Sunday School. (about 10:15 a.m.)

Bible Study

Thursday morning Bible Study will resume on Thursday, **September 12** at 10:00 a.m. We'll be exploring biblical wisdom by studying selections from the Wisdom books of the Old Testament.



Join us for "First Friday!"

A get together for
 All Covenant Adults--friends & members

When: "First Friday" of every month!

Next scheduled for: September 6, 6:00 pm

Where: Don Hiscox's & Karen Vroman's house
 307 SW Creekside Ct., Grimes IA
 Please RSVP vromankaren@q.com or 986-0740

OR

Where: Donna & Hal Rusk's house
 2108 46th. Street, Des Moines
 Please RSVP h.rusk@mchsi.com or 277-7574

Bring: Potluck appetizer or dessert
 What we do: discuss, socialize, share, pray,
 laugh, eat.....



IN OUR PRAYERS

Jayde Hildebrand
 Shirlee Holmes
 Donna Wilcox
 Jo Sohn
 Warwick Family

Notes & News

- Congratulations to **Colton Ruegsegger** and **John Isaacson** for receiving a \$500 college scholarship from Covenant Christian Church!
- Congratulations to **Edgar** and **Sharyl Smith**, celebrating their 50th wedding anniversary!
- You are invited to share your birthday greetings with long-time Covenant friend **Gwen Graham** who celebrates her 90th birthday on **October 15**. You can send greetings "Down Under" to:
 Gwen Graham
 2/1 Henry Street
 Balwyn, Victoria 3103
 Australia



Join Us!

School for Congregational Learning
 September 7, 2013
 9:30 a.m. – 3:45 p.m.
 West Des Moines Christian Church
 West Des Moines, IA

Join us in the adventure of faith, church, life & growth as we worship together, eat together & learn together! All ages are welcome!

Check out the list of classes & register at:
<http://www.uppermidwestcc.org/wp-content/uploads/2013/04/Iowa-SCL-Workshops.pdf>

Or, get a list of classes & fill out a mail-in registration form (on bulletin board in upstairs hallway at Covenant) or we can mail one to you.

Cost \$20 for the day until August 30 (then \$25)
 QUESTIONS? Ask Don Hiscox
 (don.b.hiscox or (515) 865-1770)



September

BIRTHDAYS

VeeAnn Cartwright	9/9	Wanda Bane	9/10
Leah Denny	9/15	Olin Shane	9/15
Ann Pauley	9/21	Rick Pauley	9/28

ANNIVERSARIES

Zeke & Corby Roberts	9/1
Howard & Jo Sohn	9/4
Gale & Shirlee Holmes	9/10
Russ & Betty Lou Lundy	9/13
David Twombly & Larry Hoch	9/19
Rick & Ann Pauley	9/22
Greg & Kristin Warwick	9/30