

COVENANT CHRISTIAN CHURCH  
 (Disciples of Christ)  
 2700 72nd Street  
 Urbandale, IA 50322

NON-PROFIT ORGANIZATION  
 U.S. POSTAGE PAID  
 Des Moines, Iowa  
 Permit 1586

ADDRESS SERVICE  
 REQUESTED

**Visitors**

Roger & Dianne Jones  
 Angel Blythe  
 Sonia & Cole Barrett  
 Adam, Elaine & Noah Small  
 Henri, Christina, Ben &  
 Ahren Gross  
 Kothy Strait  
 Kerry Munyon  
 Kim Harms  
 Kelly & Deborah Doolley  
 Susan Guy  
 Patty Herman

**How to Reach Us**

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 www.covenant-christian.org

**www.uppermidwestcc.org**  
 Christian Church in the Upper Midwest  
**www.disciples.org**

**Attendance**

|                   |            |
|-------------------|------------|
| Sunday, July 25   | Worship 69 |
| Sunday, August 1  | Worship 69 |
| Sunday, August 8  | Worship 58 |
| Sunday, August 22 | Worship 53 |

*The next newsletter will be mailed on*

*Wednesday, September 15.  
 Articles to be submitted by  
 Monday, September 13.*



# the COMPASS

“Stand at the crossroads, and look, and ask for the ancient paths.” Jeremiah 6:16

come journey together . . .

Volume 2 Issue 8  
 August 18, 2010

As energy turns “back to school” and the program year gets ready to take off in full speed, it’s good to remember what the church has to offer, and maybe think about committing, or re-committing to study, worship, fellowship and outreach. So, as you think about your participation this year, here’s a quick glance at ongoing opportunities and some new offerings as well.

*journey up* deepen your relationship with the holy

**Worship:** of course the most obvious way to deepen our relationship with God is through weekly worship. (10:00 a.m. on Sundays, in case you’ve forgotten!)

**Bible Study:** come explore scripture with our new midweek Bible Study, 10:00 a.m. on Thursdays.

**Centering Prayer:** pray without words or worries, Wednesdays at noon. Newcomers are welcome and will receive an introduction to this simple meditation method.

**Sunday School:** Our adult Sunday School class features video, discussion and lively fellowship, meeting at 8:45 a.m.

*journey out* share the love of God with others

**Interfaith Hospitality Network:** provide hands-on support to homeless families.

**CFUM:** provide a meal and help serve at the “supper club” at Trinity UMC

**Food Pantry:** provide ongoing support for this ministry in Urbandale and beyond.

**Evangelism:** support the work of our evangelism team by visiting with newcomers and reaching out to visitors.

*journey in* get to know yourself and others better

**Men’s group; Breakfast Beauties; Book Group; Out to Lunch; LAG: SPLASH:**

join any number of our covenant groups for fellowship and growth.

covenant  
 christian  
 church



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church phone  
 276-3781  
 www.covenant-  
 christian.org

...journey up.

## The Loving Search for God!

Tuesday September 14

6:30-8:30

### A Spiritual Journey in Contemplative Prayer and The Cloud of Unknowing

Join others for a book study that begins **Tuesday, September 14**, 6:30 p.m. to 8:30 p.m. led by Paul Witmer at Plymouth UCC, 42nd and Ingersoll. Each session will include time for centering prayer and careful study and discussion of two works side by side (copies available for purchase):

The Loving Search for God, (Meninger, O.C.S.O.)  
and The Cloud of Unknowing (anonymous)

The Cloud of Unknowing is a 15th-century classic mystical text which has served as the source of inspiration for many forms of Christian meditation, including centering prayer. The study will continue to meet monthly on the second Tuesday of each month. For more information, please contact Paul Witmer, or see the website, [www.centeriowa.org](http://www.centeriowa.org).

...journey in.

#### Choir Begins September 1


We'll begin choir rehearsals on Wednesday, September 1, 7:15 p.m. Join us for fellowship, music and worship leadership by being part of choir this year!

#### SPLASH Begins September 8

We'll kick off the year of children's ministry on Wednesday, September 8, with a family night and meal beginning at 6:00 p.m. Come join us for great **Spirit, Play, Learning, Activities, Singing** and **Helping** others! **SPLASH** is for children, nursery through 5th grade.

#### Midweek Bible Study Begins September 9 Thursday mornings, 10:00 a.m.

We'll be having a midweek Bible Study beginning this Fall, meeting on Thursday mornings, 10:00 a.m. for approximately 60-90 minutes. No previous knowledge or Bible Experience needed! We'll experiment with a variety of subjects and methods.

|  <b>September</b> |      |                        |      |
|--|------|------------------------|------|
| <b>BIRTHDAYS</b>   |      |                        |      |
| Charity McCauley   | 9/3  | VeeAnn Cartwright      | 9/9  |
| Wanda Bane   | 9/10 | Dan Murray             | 9/11 |
| Leah Denny   | 9/15 | Olin Shane             | 9/15 |
| Scott Roach  | 9/19 | Ann Pauley             | 9/21 |
| Becky Sienkiewicz  | 9/21 | Sue Mitchell           | 9/24 |
| Rick Pauley  | 9/28 |                        |      |
| <b>ANNIVERSARIES</b>   |      |                        |      |
| Zeke & Corby Roberts   | 9/1  | Howard & Jo Sohn       | 9/4  |
| Paul & Marsha Ratashak   | 9/5  | Ken & Sue Mitchell     | 9/7  |
| Gale & Shirlee Holmes  | 9/10 | Russ & Betty Lou Lundy | 9/13 |
| Rick & Ann Pauley  | 9/22 | Greg & Kristin Warwick | 9/30 |

#### IN OUR PRAYERS

Jayde Hildebrand  
Paul Ratashak  
Mary Rogers  
Bob & Martha Smith

#### Notes and News

- Greetings come from Bob and Martha Smith who have both been experiencing health issues and they send their thanks for cards and prayers. They have a new address: 318 S. Crismon Rd., Lot 83, Mesa, AZ 85208.
- Attend the **School for Congregational Learning**, August 28, West Des Moines Christian Church!

...journey out.

#### 110 People Served at CFUM Dinner

70 children and 40 adults ate Covenant's famous chicken/mac casserole and homemade cookies on Friday August 6 at Children & Families Urban Ministry. Our servers reported all six casserole pans were "licked clean", every green bean was eaten and they ran out of cookies! Thanks to the 19 people who bought and prepared the food, transported the food, and served the meal. We have generous and cheerful volunteers at Covenant!

#### Little Things Add Up

#### Covenant Donations this Summer:

##### To Children & Families of Iowa

- 230 Personal Care Items
- 61 Bedding, luggage, and summer clothes

##### To DMARC Food Pantry:

- 53 Food Items to DMARC Food Pantry
- 12 Paper grocery sacks to DMARC Food Pantry

##### To Ronald McDonald House

- Three pounds of can tabs

#### Mark Your Calendar:

*Interfaith Hospitality Network's homeless families will be at Urbandale UCC September 19-26. Volunteers will be needed for transforming Sunday school rooms into bedrooms, meal preparation and serving, van driving, and overnight hosting that week. Contact Donna Rusk, 277-7574; [h.rusk@mchsi.com](mailto:h.rusk@mchsi.com) for details*

Thank You!

A BIG thank you to all who have helped with the banner making projects this summer. Thank you to those who donated fabric, brought supplies, supplied designs, supplied expertise in cutting, pinning, ironing, sewing, or assisted in any way. We have a good start on some new banners, and are looking forward to completing a bigger banner project that is currently underway. All the help was, and is, greatly appreciated.

Worship Committee

**Need transportation for worship or other church activities? Please call the church office at 276-3781.**