

Let Go...

As I move inward, what keeps me from...

... hearing,
understanding,
accepting,
knowing,
claiming...

... God's love and care and way for my life.

On my way to the center, breathe deeply, in and out.

Slow down and go the pace MY body wants to go.

Listen for God.

Let go of everything else. It will be alright.

Let God...

What does God want to say to ME?

What does God want for me?

Listen. Wait on God. Be Still.

Be MYSELF. Belong to God.

What do I hear in my soul?

Let Me...

What I have heard will change me.

It is time for claiming what I have heard.

God is with me; God will be with me; Always!

Find my way back into the world
with this newness as my guide,

my strength,

GOD's way... for me.

Journey into a deeper love from

God that will not let me go.



*"Dancing
Woman" Labyrinth*

Covenant Christian Church
2700 72nd Street, Urbandale
515.276.3781

www.covenant-christian.org

Sunday Worship
10:00 a.m.
Centering Prayer
Wednesdays, noon



covenant christian church

journey in
journey up
journey out

2700 72nd street urbandale, ia 50322



come journey together...

Labyrinth Park
at 2700 72nd street



Reconciliation Labyrinth

walk another's path

By Clare Wilson,
South Africa
Used by permission,
15 Meters
Grass Path with Brick

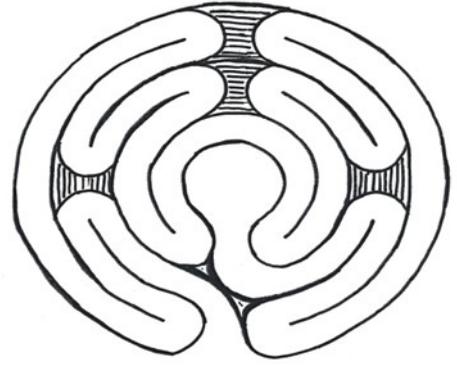
This unique design offers the opportunity for two parties to walk, using separate entrances and seeking reconciliation in the center. Walk another's path for deeper understanding.

www.reconcilianlabyrinth.withtank.com

"My first step from that place of being stuck was to realize in a moment, when seeing a labyrinth for the first time, that I was not lost, it was just that I did not know where I was." Clare Wilson

Meditation Labyrinth

praying in steps
Chartres Design
5 Circuits
13th Century France
Grass Path in Grass
21 Meters
12 Turnarounds

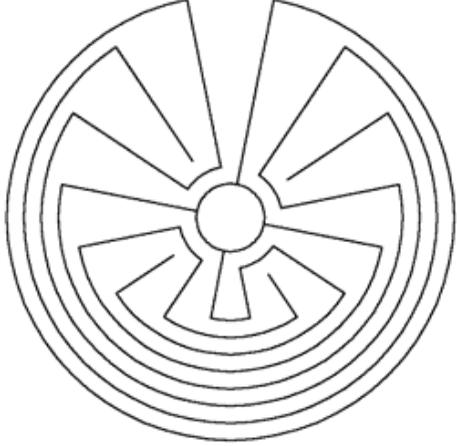


This is a smaller version of the classic design found in the Chartres Cathedral in France, a sacred pilgrimage destination for labyrinth enthusiasts throughout the world.

We are spiritual seekers
working to grow in our love of God,
deepening our connection to each other
and
sharing with the world
our passion for justice and peace.

Harmony Labyrinth

finding harmony in
life choices
"Man-in-the-Maze"
Design
7 Circuits
Papago Indian
Culture
Grass Path in Grass
24 Meters



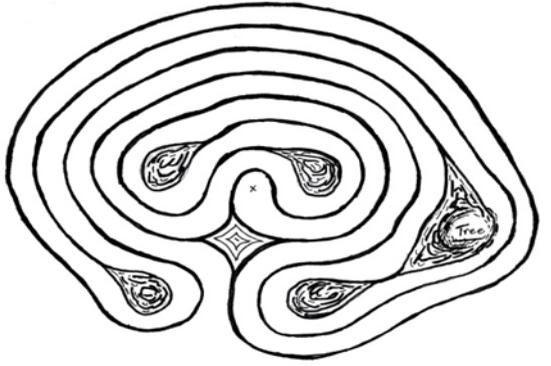
Life Choices and Harmony

Life and Choice, depicted in this common symbol, "Man-in-the-Maze" was originally created as an illustration of an emergence story by the Tohono O'odham or Papago Indians of the Central Valley in Arizona. It has been adopted by other people because it is significant of life's cycles and eternal motion and also of the choices we are confronted with. The right choices lead us to a point of harmony with all things, no matter how hard or long the road taken.

Cretan Labyrinth:

come
journey
together

Cretan Design
7 Circuits with a
Tree (No trees
were harmed in
the creation of this labyrinth!)
Island of Crete, Greece dating back 3,500 years
Grass Path in Grass, 19 Meters
4 Turnarounds



Dancing Woman Labyrinth:

celebrating the
healing journey

(www.pathsofpeace.com)

Embracing days of healing, joy and love: Walk into the Dancing Woman's open embrace for a journey of healing and grace.
2 Turnarounds
Grass Path with Brick
10 Meters

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